



ATLANTIC
PREVENTION
RESOURCES



**Strengthening Families
Program** by Dr. Karol Kumpfer

FREE PROGRAM FOR ATLANTIC CITY FAMILIES!
Sessions will be held at Stockton Atlantic City Campus
Once a week for 11 weeks

WEEKLY FAMILY DINNER PROVIDED!

**Begins: Thursday, February 12, 2026 and continues 2/19,
2/26, 3/5, 3/12, 3/19, 3/26, 4/2, (skip 4/9), 4/16, 4/23,
ending on 4/30/26.**

Dinner: 5:30-6 PM Youth & Parent Sessions: 6-7 PM

Family Session: 7-7:30 PM

**EARN \$20 PER SESSION ATTENDED &
\$200 UPON COMPLETION! (9/11 SESSIONS)**

About the Program

The Strengthening Families Program is an evidence-based parent, youth and family program (**caregivers and youth ages 10-15**); participants increase family bonding, and learn to solve problems together. Younger siblings welcome and homework help available.

Program Benefits

- Youth learn skills for dealing with stress and peer pressure
- Parents and youth learn to strengthen their communication skills. Parents also learn techniques for effective discipline to help guide youth.

For information & to Register:

Please email or call:

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(609) 233-3248

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OR



Scan this QR
code



In collaboration
with:

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