



APPROACHING THE ELEPHANT IN THE ROOM

Starting the Conversation About Substance Use & Mental Health for Organizations of Faith

Talking to someone about substance use and mental health can often feel uncomfortable - especially when we worry about saying the wrong thing. How do we do it without pushing them away? This half-day conference will explore two key topics related to substance use and mental health conversations: practical Motivational Interviewing strategies for addressing concerns with empathy and the use of stigma-free language to promote respectful, person-centered communication.

INDIVIDUALS OF ALL FAITHS ARE INVITED AND ENCOURAGED TO ATTEND

Tentative Agenda:

- 8:00am: Registration/Light Refreshments
- 8:30am: Welcome Message
- 9am: Raising the Subject of Substance Use in a Sensitive Person-Centered Conversation
- 10:30am: Break
- 10:45am: Words Matter: Reducing Stigma Through Language
- 12:15pm: Closing, Networking, & Lunch

2 EASY Ways to Register

- Scan the QR code to complete the registration form
- Email jtacnj@atlprev.org



**Tues., April 14th
8:00 am - 1 pm**

**CHURCH BY THE BAY
244 E. White Horse Pike
Galloway, NJ 08225**

This event is free and lunch is being provided by the Stigma Free Atlantic Collaborative. For more information on how to join the Collaborative, visit <https://jtacnj.org/stigma-free/>

CEU's will be available for certain disciplines.
Email jtacnj@atlprev.org with questions.

